1. Who is required to enter home quarantine when travelling to the Federal republic of Germany?

Persons entering the Federal Republic of Germany who spent time, at any point in the ten days leading up to their arrival, in a region classified as a risk area or area of variants of concern are obliged to proceed directly to their own home or other suitable accommodation and self-isolate.

During quarantine period, it is forbidden to receive visits from anyone outside your own household. The competent authority (usually the public health office) monitors the quarantine obligation. Travellers who have visited a high-risk area or area of variant of concern in the last ten days must register at www.einreiseanmeldung.de before arriving in Germany and carry proof of registration with them upon entry. Proof of vaccination, recovery or a recent test result have to be uploaded there. The public health office will be able to access the stored data digitally and thereby monitor the observance of home quarantine and/or require the presentation of a test result or submission to a test.

Find your local public health office here: https://tools.rki.de/PLZTool/en-GB.

The responsible public health office for Kaiserslautern is the Gesundheitsamt Kaiserslautern.

**Kreisverwaltung Kaiserslautern**

Gesundheitsamt
Pfaffstr. 40-42
67655 Kaiserslautern, Rheinland – Pfalz
0631 7105-520 ; infoga@kaiserslautern-kreis.de

Regulation of the quarantine obligation falls under the jurisdiction of the federal states. Please visit the website of the state wherein you reside or will be staying for detailed information on its specific quarantine regulations. This will most likely be Rhineland-Palatinate’s regulations. https://corona.rlp.de/de/themen/quarantaeneregeln/

2. What are risk areas?

A risk area is any country or region outside of the Federal Republic of Germany for which, at the time of entry into the Federal Republic of Germany, an increased risk of infection with the SARS-CoV-2 coronavirus exists.
Types of risk areas

- **High-risk area**: an area outside of the Federal Republic of Germany that has a particularly high incidence of SARS-CoV-2 coronavirus spread when comparing the amount of several times the mean 7-day incidence per 100,000 inhabitants in the Federal Republic of Germany. Indication is regularly a 7-day incidence of well over 100, or other qualitative or quantitative criteria.

- **Virus variant areas**: can be areas with widespread occurrence of a virus variant (mutant strain) of the SARS-CoV-2 coronavirus that is not widespread within Germany and that can reasonably be believed to pose a particular risk.

The reason for this distinction is that the particularly high risk of an infection in those areas can be addressed with tighter entry regulations. The tighter regulations are aimed at further limiting the introduction of the SARS-CoV-2 coronavirus and preventing the rapid spread of new virus variants.

Here is a file containing information about the current list of risk areas (updated 05.08.2021) in English: [https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Transport/Archiv_Risikogebiete/Risikogebiete_aktuell_en.pdf?__blob=publicationFile](https://www.rki.de/DE/Content/InfAZ/N/Neuartiges_Coronavirus/Transport/Archiv_Risikogebiete/Risikogebiete_aktuell_en.pdf?__blob=publicationFile). The Robert Koch Institute maintains a continuously updated list of risk areas at the following link: [https://www.rki.de/covid-19-risikogebiete](https://www.rki.de/covid-19-risikogebiete).

At the moment the following regions are declared as risk areas (selection of the important ones for you):

- Belgium
- Italy
- Portugal
- Spain

The following states/regions are currently considered to be areas of variants of concern:

- none

Please **inform yourself** about the current countries declared as risk areas before entering Germany. To do so please visit the link above for updated information.

### 3. Testing obligation

- **General obligation to furnish proof for all travellers**: All travellers aged 12 or above must carry with them a negative test result or proof of vaccination or recovery when entering the country, irrespective of the mode of transport or whether they previously spent time in a high-risk area or area of variants of concern. In the context of policing cross-border traffic into Germany, such proof may also be demanded by the Federal Police or other responsible authority. Persons travelling by air must already present such proof to their carrier before departure.
• Special obligation to furnish proof after staying in a high-risk area or an area of variants of concern:

1. Travellers entering the country following a stay in a **high-risk area** must present their carrier, e.g. the airline, with a negative test result or proof of vaccination or recovery before departure. In the context of policing cross-border traffic into Germany, this proof may also be demanded by the Federal Police.

2. Following a stay in an **area of variants of concern**, you must present the carrier with a negative test result; proof of vaccination or recovery does not suffice. In the context of policing cross-border traffic into Germany, this proof may also be demanded by the Federal Police.

• The test result must pertain to a test that is no older than 48 hours (for antigen tests) or 72 hours (for PCR tests). Relevant when calculating these time frames is the time of entry into Germany. When entering from areas of variants of concern, this time frame is reduced to 24 hours with antigen tests.

*To read about recognized tests, see [http://www.rki.de/tests](http://www.rki.de/tests).*

**Language of Test:** paper or electronic form in German, English, French, Italian or Spanish.

4. **Obligation to register**

If you have spent time in a risk area within the ten days prior to your entry, you need to carry out a Digital Registration before you enter Germany. Please enter information on the places you stayed over the previous ten days via the [www.einreiseanmeldung.de](http://www.einreiseanmeldung.de) website. A PDF will be generated and sent to you via confirmation E-Mail once you fill all of the necessary information. Without this confirmation, the carrier will not be allowed to take you.

In case of failure to fill the digital registration on entry due to technical malfunction, you will be required alternatively to fill out a substitute registration on paper. Please refer to the substitute registration for information on where to submit it (e.g. on request, to the carrier or to the Federal Police). Where no request to present the substitute registration is made, you are required to either complete the Digital Registration on Entry at a later point or submit the completed substitute registration by post to the following address:

**Deutsche Post E-POST Solutions GmbH, 69990 Mannheim**

For additional information on the obligation to register and exemptions, please visit [https://www.bundesgesundheitsministerium.de/coronavirus-infos-reisende/faq-tests-einreisende.html](https://www.bundesgesundheitsministerium.de/coronavirus-infos-reisende/faq-tests-einreisende.html)
5. **Where you can get tested after entering the country**

People travelling from risk areas should, wherever possible, be tested at airports and at ports. If no test can be performed there, then having announced your visit ahead of time by telephone, a test should be carried out at a doctor’s office. Arrivals to Germany can find out from the medical appointment service center where in their vicinity they can get the test by calling 116 117 or checking [www.116117.de](http://www.116117.de). People travelling from high risk areas have to attain a proof of negative test before their departure.

6. **Penalties for opposing the obligation to get tested or quarantined:**

Violation of the obligations indicated above regarding reporting, consent to testing or home quarantine can result in heavy fines by local authorities up to 25,000 Euros.

7. **Mandatory mask regulations**

It is mandatory to wear a mask in **grocery stores, restaurants, university buildings** and aboard any **public transport**. The train and bus stations are also part of public transportation zones, so a mask is required there, too. The type of mask you are required to wear is the general medical/surgical mask (*OP-maske* in German). This refers to so-called disposable surgical masks that cover the mouth and nose. Respirator masks such as the FFP2 or N95 are also permitted. In trains a FFP and public transport a FFP2 mask is needed in some regions, a surgical mask is not sufficient.

Fabric masks, other face coverings including scarves, and face visors are no longer allowed under the new rules. Please be prepared and have a suitable mask available when you arrive in Germany.

8. **Corona-Warn-App**

“The Corona-Warn-App helps us to determine whether we have had any contact with an infected person which could result in a risk of catching the virus. This way, we can interrupt chains of infection more quickly. The app is a service by the Federal Government. Download and use of the app are entirely voluntary.”

[https://www.bundesregierung.de/breg-de/themen/corona-warn-app/corona-warn-app-englisch](https://www.bundesregierung.de/breg-de/themen/corona-warn-app/corona-warn-app-englisch)

9. **You can find all of the information also on the following websites:**

   Information in English:
   
   - [https://www.zusammengegencorona.de/en/](https://www.zusammengegencorona.de/en/)

   Some useful links:
   
   - [https://einreiseanmeldung.de/#/](https://einreiseanmeldung.de/#/)